



## The Center for Messianic Learning

*Jesus is Jewish, and that changes everything.*

בי"ה

Unapologetically Pro-Torah  
Unashamedly Pro-Israel  
Irrevocably Zionist  
Post-Supersessionist

# Pig and Pork Facts

## Please Pass [on] the Pork Chops

Most Christians consider the pig or swine a popular food. Yet most Christians are unaware—or choose to ignore—that the God they profess to believe in had condemned the eating of swine's flesh. The condemnation was based on some very sound biological principles. Here are some facts about pork that prove it to be a very unhealthy food to eat:

A pig is a real garbage gut. It will eat anything, including urine, excrement, dirt, decaying animal flesh, maggots, or decaying vegetables. They will even eat the cancerous growths off other pigs or animals.

Pig meat and fat absorb toxins like a sponge. Their meat can be 30 times more toxic than beef or venison.

When eating beef or venison, it takes 8 to 9 hours to digest the meat, so if some small amount of toxin remains, our system absorbs it slowly enough that our liver can filter it out. But it takes about 4 hours for our bodies to digest pork, so we absorb much more toxins within a shorter time.

Unlike other mammals, pigs do not perspire. Perspiration is one way that toxins are removed from the body. Since a pig does not sweat, the toxins remain within its body and in the meat.

Swine are so poisonous that you can hardly kill them with strychnine or other poisons. Farmers will often pen up pigs within a rattlesnake nest because the pigs will eat the snakes, and if they are bitten, they will not be harmed by the venom.

When a pig is butchered, worms and insects take to its flesh sooner and faster than to other animals' flesh. In a few days, the swine flesh is full of worms.

Swine host over a dozen parasite species, such as tapeworms, flukes, worms, and trichinae. No cooking temperature for pork can guarantee the destruction of all parasites, including their cysts and eggs.

Pig meat has twice as much fat as beef. A three-ounce T-bone steak contains 8.5 grams of fat; a three-ounce pork chop contains 18 grams of fat. A three-ounce beef rib has 11.1 grams of fat; a three-ounce pork spare rib has 23.2 grams of fat.

Cows have a complex digestive system, having four stomachs. It thus takes over 24 hours for them to digest their vegetarian diet. This allows their food to be purified

of toxins. In contrast, the swine's one stomach takes only about four hours to digest its foul diet, turning its toxic food into flesh.

Swine carry about 30 diseases that easily pass to humans. This is why God commanded that we are not even to touch their carcass. (Leviticus 11:8).

The trichinae worm from swine is microscopically small and, once ingested, can lodge itself in our intestines, muscles, spinal cord, or the brain. This results in the disease trichinosis. The symptoms are sometimes lacking, but when present, they are mistaken for other diseases, such as typhoid, arthritis, rheumatism, gastritis, MS, meningitis, gallbladder trouble, or acute alcoholism.

The pig is so poisonous and filthy that nature had to provide it with a "sewer line" or canal running down each leg to an outlet at the bottom of the foot. Out of this hole oozes pus and filth; his body cannot pass into its system fast enough. Some of this pus gets into the pig's meat.

Additional reasons grounded in biological facts could be listed to show why pigs and swine should not be eaten. But a true Christian should consider the primary reason why not to eat this type of food: because God prohibits it.

<sup>4-6</sup>But you are not to eat those that only chew the cud or only have a separate hoof. For example, the camel, the coney and the hare are unclean for you, because they chew the cud but don't have a separate hoof; <sup>7</sup>while the pig is unclean for you, because, although it has a separate and completely divided hoof, it doesn't chew the cud. <sup>8</sup>You are not to eat meat from these or touch their carcasses; they are unclean for you. (Leviticus 11:6-8)

<sup>6</sup>Any animal that has a separate hoof that is completely divided and also chews the cud, these animals you may eat. <sup>7</sup>But you are not to eat those that only chew the cud or only have a divided hoof. For example, the camel, the hare and the coney are unclean for you because they chew the cud but don't have a separate hoof; <sup>8</sup>while the pig is unclean for you because, although it has a separate hoof, it doesn't chew the cud. You are not to eat meat from these or touch their carcasses. (Deuteronomy 14:6-8)

Those who say Yeshua abolished the law condemning pork are motivated by their stomach, not Scripture. The problems with pork are biological, and Yeshua never changed the laws of biology.

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## To Market to Market to Buy a Fat Hog

It's amazing how much confusion there is out there today about what healthful food is. The world is full of individuals who have fallen prey to all manner of infirmity, sickness, and disease—sometimes merely uncomfortable, but more often crippling or even fatal—who, either in ignorance or with supposed superior knowledge, have disregarded the unchangeable health laws.

Hogs! They were created as scavengers; as a rule, they are meat-eating animals that clean up anything left dead in the fields, etc. If any animal should die in the field and lie in the sun until it is broken open and the maggots and putrefaction have set in, the swine or other scavengers will come and eat up the filth and putrid matter. Scavengers were never meant for human consumption.

Scavengers, such as the swine, are the filthiest and most abominable creatures. In their very nature, they are poisonous, diseased, and deadly. The flesh of the swine is said by many authorities to be the prime cause of much of our American ill health, causing blood disease, weakness of the stomach, liver troubles, eczema, consumption, tumors, cancer, trichinosis, etc.

The swine's anatomy has but one poorly constructed stomach arrangement and very limited excretory organs generally. Consequently, in about four hours after the pig has eaten his polluted swill and other putrid, offensive matter, man may eat the same, second-hand, off the ribs of the pig.

John Johnson, a farmer of Williams, Iowa, states that the swine in Iowa are principally fed on corn, but they "will eat anything we give them." He goes on to say, "If anything dies, we throw it to the hogs. I have actually seen hogs chewing at the cancer of other hogs, and these hogs are shipped to market. Cattle often become infected by the incurable hog disease called the 'mad itch.' It is transmitted by the hog's saliva left on the corn, which cattle eat. The itching in the cattle becomes so intense they will run from stump to stump until they rub their skin from their mouths and soon die. When the saliva from the hog's mouth will poison cattle in this way, how can hogs be fit for man to eat?"

Farmers know that when they feed cattle, it's advantageous for them to keep hogs so the hogs can follow behind the cattle, eat their waste, and thus turn it into pork for the public market.

Swine have "running sores" under their hoofs. If you ever get the opportunity to visit a farm that raises hogs, lift the hog's front hoof, and, with just a little pressure, greenish matter will ooze out from between the toes. This is one small outlet for the various heinous poisons that the hog takes into his body. Occasionally this artery becomes stopped up, the poison backs up into his system, and greenish growths are formed in various parts of his body.

On a close analysis of this filthy scrofulous serum, or the 'culture' of its bacilli under varied conditions, it is seen to contain the elements of many dangerous diseases and combinations; yet how toothsome is pickled pig's feet to ignorance, unbelief, and disobedience.

Some may conclude that if the hog were kept in clean quarters and given nothing but pure food to eat, its flesh would then be just as desirable for human consumption as the flesh of any other animal, but that just isn't true. The naturally filthy hog could be forced into the most sanitary conditions and nourished on delicacies and still be unfit for food because of the basic physiological functions of its system. For this reason, God states in the Scriptures, "It is unclean to you. Of their flesh shall ye not eat."

The Scriptures warn us about the diseases lurking in these unclean animals (they are scavengers of the earth). God placed those warnings there for very good reasons. They are flashing red lights to keep us from impending disaster.

During recent years, discoveries by the medical establishment have brought to light reasons why God, thousands of years ago, condemned the hog as unfit for food. The microscope has revealed that hog flesh is often infested with trichina worms, which, when taken into the human body, multiply and work their way through the entire system, even into the brain and heart. This condition is known as trichinosis. Even today in America, the public is warned and advised to cook ALL pork well done. This is supposed to ensure that the only trichinae worm you eat is cooked.

But heat does not guarantee that all pork worms are killed. The larvae are tiny, and you can unknowingly swallow several hundred. Then, when the natural warmth and even temperature of your body envelop them, they dissolve and become free to grow and breed further in your body. To suffer the symptoms of pork worm poisoning, you need only to eat one pregnant parasite. If the number of parasites is sufficient, the body responds with symptoms similar to reactions to food poisoning. Later, rheumatic-like pains may begin, or the worms may settle temporarily in the heart. Inflammation in the cardiac region may follow. In some cases, the brain or nervous system may be disturbed, as though worms had invaded the brain or nerves, which they often do. Even invasion of the muscles may be fatal if the worms are numerous enough.

In the pork Americans eat, there too often lurk myriads (countless numbers) of baffling and sinister parasites. They are minute spiral worms, which scientists call *Trichinella spiralis*. A single serving of infected pork—even a single mouthful—can kill or cripple or condemn the victim to a lifetime of aches and pains. In the flesh of a pig, the trichinae are often so minute and nearly transparent that to find them, even with a microscope, is a task for expert scientific inspectors.

Remember this: when you see the words “U.S. Government Inspected and Passed” stamped on a pork product, those words do not mean any official inspection has been made to determine whether this pork has trichinosis. It has merely passed the routine general inspection given to meat.

Trichina is just one worm found in the swine. In the pig’s small intestine there is a large round worm, the gullet worm; three kinds of stomach worms; a tiny hair-worm, a hookworm; and the thorn-headed worm. Several species of nodular worms and one species of whipworm thrive in the pig’s large intestine. There is also the kidney worm. The large roundworm can be as big as eighteen inches.

A special report given to medical personnel at a Doctors and Nurses Conference on Communicable Disease at the Wesley Medical Center, Wichita, Kansas, in 1962 said that one out of three people is infected with trichinosis.

In a Colorado town, pork sausage showing the trichina worms was taken by the federal pathologists from a peddler of fresh pork sausage after a family had been made severely ill from eating his product. One girl, age 18, was so ill that she was

taken to the hospital, where, on account of the heavy infestation of her diaphragm, her breathing was so bad that she had to receive oxygen inhalations three times a day to keep her alive. A small piece of muscle taken from her deltoid, or shoulder, muscle showed trichinae infestation. She was originally diagnosed as having influenza, or muscular rheumatism. This same mistake is probably often made in light cases of trichinosis, which probably affects about one person out of every four in this country.

An attempt was made to cull the trichinae-infested hogs—at least the worst of them—by having a room full of microscopists examine bits of muscle tissue from each hog. In Chicago alone, two packing houses can kill, dress, and pack six hundred hogs an hour each, which means an average of one every six seconds. This effort was abandoned as impractical and expensive, so the Department of Agriculture, in a bulletin on trichinosis, says that “no practical system has yet been devised by which persons who eat raw or imperfectly cooked pork can be protected from the danger of trichinosis.”

In this same bulletin it is pointed out that in Germany, where microscopical examination of pork for trichinae is systematically carried out, there occurred in seventeen years 6,329 cases of trichinosis, 32 percent of which were from inspected meat that had been passed as trichinae-free. To safeguard the consuming public, the government has prepared a poster for the meat trade, warning the public to “cook pork and its products thoroughly.” The poster gives no reason, but it offers to send an explanatory leaflet on request. It would not add to the attractiveness of pork as a food—nor would it increase the sale of pork products—to bluntly inform the public that trichinosis infection is common among garbage-fed hogs, with a slightly decreased frequency among hogs in general. Garbage-fed rats have their tissues loaded with the trichina worms. Hogs eating such rats quickly become heavily infested with this loathsome disease.

As in all the wonderful instruction God gave through Moses, there was an excellent reason for his warning against filth-eating hogs. Certainly, those who do eat them should follow the government’s warning, for dead trichinae worms are preferable to live ones.